

AMSTELEDIC RETHMONAP 25, 1537

We have done many experiments among the gems and stones of the hound people and the bird people in deep Vandalia.

They, who say they come from a realm of breath and spirit, have done well to teach us how to let higher sentiences embody us. The obstacle that we humans have that they do not, is the weight of our ego.

We rose to have a sense of self that is stronger than any force that could be possessing us. It takes the most powerful, the most archetypical of energetic souls, voices to the dog people, to knock one's ego away. However, these souls are meant to be eternal, and do not do well in mortal bodies, especially within the world we have built.

They, Gastafolc, however, seem to not have as immovable an ego as humans do, but keeping a gastafolc without a voice cooperative enough to handle is not an easy task. Gastafolc exposed to the right egos are much more stable than a human would be. There are less internal conflicts. And there is less hesitancy to deal with the plague.

For us, plague suits have proven helpful, but not impenetrable. No matter the belief of the human, they may still succumb to symptoms after enough exposure.

For gastafolc, their belief is above their experience. even if exposed to plague, their bodies can tolerate it, much like a vulture does with its sickness, but only if they believe they are more like the vulture than the human.

We train these plague doctors, as specialists, from a young age. We chose as pure as gastafolc as we can, and we raise them with help from the bird tribes in the deep vandalic mountains. Their mannerisms are part gastafolc, part bird. Their minds sharper than humans. Their immune systems more resilient. Their focus unwavering.

However, these doctors cannot fly like the birds who raise them. Instead, we turn again to their gems and stones and reverberations. The birds and dogs have many old temples scattered across old settlements across Anglia. We have thought we could cut down on travel time by using their methods to hop between temples.

The top graduate will be sent to north Anglia today. We hope to hear from them soon after.

— *Luvdǣ Hendricc*

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